

Circulation of influenza and other respiratory viruses during the COVID-19 pandemic in Australia and New Zealand, 2020–2021

Supplementary Table 1. **Summary of public health and social measures in New Zealand, and New South Wales and Western Australia, Australia, 2020–2021**

Level/stage	Brief description
New Zealand¹	
International border restrictions	<p>New Zealand closed its border to non-residents on 19 March 2020. Between 14 March and 9 April 2020, all overseas arrivals were required to self-isolate for 14 days. From 9 April 2020, returning residents were required to enter mandatory government-managed 14-day quarantine.</p> <p>A two-way travel bubble was opened with Australia from 19 April to 22 June 2021, and the Cook Islands from 19 May to 17 August 2021.</p>
Alert Level 1 (Level 1)	<p>Emphasis on hand hygiene and self-isolating if sick</p> <ul style="list-style-type: none"> <input type="checkbox"/> The use of the COVID-19 tracing app was encouraged; <input type="checkbox"/> Businesses and schools operated as usual, with display of quick response (QR) codes to facilitate contact tracing; <input type="checkbox"/> No restrictions on domestic travel; and <input type="checkbox"/> No restrictions on gatherings.
Alert Level 2 (Level 2)	<p>Emphasis on physical distancing and the use of masks on public transport</p> <ul style="list-style-type: none"> <input type="checkbox"/> Physical distancing, 2 m in public places and 1 m in contained environments (e.g. schools and workplaces); <input type="checkbox"/> Businesses and schools were open, subject to public health guidance (e.g. physical distancing and record-keeping); <input type="checkbox"/> Gatherings were restricted to a maximum of 100 people; <input type="checkbox"/> Sports and recreational activities were allowed, subject to gathering restrictions and physical distancing requirements; and <input type="checkbox"/> Masks were required on public transport and aircrafts (but not on inter-island ferries); children under 12 years, people with medical reasons, school buses, taxis and rideshare services were exempt from mask requirements.
Alert Level 3 (Level 3)	<p>Emphasis on limiting movement, encouraging people to stay at home and within household bubbles</p> <ul style="list-style-type: none"> <input type="checkbox"/> People were required to stay within their immediate household bubble; <input type="checkbox"/> Schools (years 1 to 10) and early childhood education centres were open, with reduced capacity; <input type="checkbox"/> People were encouraged to work from home, if possible; <input type="checkbox"/> Businesses involving close personal contact were closed unless they were an essential service; <input type="checkbox"/> Physical distancing, 2 m in public places and 1 m in contained environments (e.g. schools and workplaces); <input type="checkbox"/> Public venues were closed; <input type="checkbox"/> Masks were recommended whenever people were outside their homes; children under 12 years and people with medical reasons were exempt from mask requirements; <input type="checkbox"/> Gatherings were restricted to a maximum of 10 people and subject to physical distancing requirements; and <input type="checkbox"/> Interregional travel was limited.
Alert Level 4 (Level 4)	<p>Emphasis on lockdown, people were instructed to stay at home unless they were essential personnel</p> <ul style="list-style-type: none"> <input type="checkbox"/> Recreation was allowed in the local area close to their home, subject to physical distancing requirements; <input type="checkbox"/> Travel was severely limited; <input type="checkbox"/> All gatherings were cancelled and public venues closed; <input type="checkbox"/> Businesses and schools were closed, except for essential services; and <input type="checkbox"/> Health-care services were reprioritized (e.g. elective surgery was cancelled).

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New South Wales, Australia^a													
International border restrictions	<p>Australia closed its border to non-citizens/permanent residents on 20 March 2020. Between 20 and 28 March 2020, all overseas arrivals were required to self-isolate for 14 days. From 28 March 2020, returning citizens and permanent residents were required to enter mandatory government-managed 14-day quarantine.²</p> <p>From 1 November 2021, people arriving in New South Wales (NSW) were no longer required to quarantine, as long as they (i) had a COVID-19 test after arrival; AND (ii) provided proof of full COVID-19 vaccination, as recognized by the Therapeutic Goods Administration.³ People arriving in NSW from overseas who were not fully vaccinated were required to quarantine for 14 days at government-managed facilities.³</p>												
Stage 1 (Level 1) ^{4,5}	<p>Emphasis on physical distancing</p> <ul style="list-style-type: none"> □ Physical distancing requirement of 1 person per 2 m² (with exceptions); □ Gatherings were restricted to: <ul style="list-style-type: none"> ▪ households – up to 50 visitors; ▪ outdoor public gatherings – up to 100 people; ▪ events – up to 5000 people, subject to physical distancing requirements; ▪ outdoor major recreation facilities (e.g. stadiums) – 100% capacity, subject to physical distancing requirements; ▪ indoor major recreation facilities – 75% seated capacity or physical distancing requirement (whichever was greater); ▪ weddings and funerals – no cap on number of persons, subject to premises' restrictions; □ Hospitality was open, subject to physical distancing requirements; a COVID-19 hygiene safety marshal was required for venues of more than 50 patrons; □ Group gym and dance classes were limited to 50 people and 1 person per 4 m²; □ Schools were open, restrictions recommended for music ensembles, graduations and formals; □ The international border was closed to non-citizens/permanent residents, mandatory quarantine for all arrivals, except people arriving from New Zealand (as of 16 October 2020); and □ The interstate border was open. 												
Stage 2 (Level 2) ²	<p>Emphasis on physical distancing and interregional travel restrictions</p> <ul style="list-style-type: none"> □ Gatherings were restricted to: <ul style="list-style-type: none"> ▪ households – up to 5 visitors; ▪ outdoors – up to 10 people; ▪ religious gatherings/places of worship – up to 10 worshippers; ▪ weddings – up to 10 guests; ▪ funerals – up to 20 mourners indoors or 30 mourners outdoors; □ Group gym and dance classes were limited to 20 persons and 1 person per 4 m²; □ The international border was closed to non-citizens/permanent residents; mandatory quarantine for all arrivals; and □ The interstate border was open; all arrivals were required to complete a declaration form and isolate for 14 days if they had been in an area of concern. 												
Stage 3 (Level 3) ^{6,7}	<p>Stage 3 (Level 3) restrictions were in place for parts of the state</p> <table border="1"> <thead> <tr> <th>Start date</th> <th>End date</th> <th>Restrictions limited to</th> </tr> </thead> <tbody> <tr> <td>20 December 2020</td> <td>28 January 2021</td> <td>Greater Sydney</td> </tr> <tr> <td>5 May 2021</td> <td>18 May 2021</td> <td>Greater Sydney, Blue Mountains and Wollongong</td> </tr> <tr> <td>23 June 2021</td> <td>9 July 2021</td> <td>Greater Sydney, Blue Mountains, Central Coast, Wollongong and Shellharbour</td> </tr> </tbody> </table>	Start date	End date	Restrictions limited to	20 December 2020	28 January 2021	Greater Sydney	5 May 2021	18 May 2021	Greater Sydney, Blue Mountains and Wollongong	23 June 2021	9 July 2021	Greater Sydney, Blue Mountains, Central Coast, Wollongong and Shellharbour
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^a NSW restrictions changed throughout 2020 and 2021. Stage 1 restrictions are from 24 December 2020; Stage 2 restrictions are from 1 June 2020; Stage 3 restrictions are from 22 July 2021.

Level/stage	Brief description
Stage 3 (Level 4) ⁷	<p>Emphasis on restricting movement, people instructed to stay at home</p> <ul style="list-style-type: none"> □ Schools encouraged learning from home, with schools open for those who required it; □ The use of the COVID-19 tracing app was mandatory from September 2021; □ No home visitors were allowed (exemptions apply); □ Maximum of two people could attend outdoor gatherings (including exercise); □ Workers could not leave their homes without reasonable excuses; working from home was encouraged, unless not reasonably practicable; carpooling with non-household members was not allowed (exceptions apply); □ Non-critical retail outlets were closed (exceptions apply); □ Entertainment facilities, indoor recreation facilities, hospitality venues and places of worship were closed (exceptions apply); □ Masks were compulsory in indoor non-residential areas, on public transport and at certain outdoor gatherings; □ The international border was closed to non-citizens/permanent residents, with mandatory quarantine for all arrivals; □ The interstate border was open; all arrivals were required to complete a declaration form and isolate for 14 days if they had been in an area of concern; and □ Interregional travel was restricted (exemptions apply).
Western Australia, Australia	
International border restrictions	Australia closed its border to non-citizens/permanent residents on 20 March 2020. Between 20 and 28 March 2020, all overseas arrivals were required to self-isolate for 14 days. ² From 28 March 2020, returning citizens and permanent residents were required to enter mandatory government-managed 14-day quarantine. ²
Phase 5 (No level) ⁷	<p>Emphasis on restricting interregional travel</p> <ul style="list-style-type: none"> □ Interregional travel with 200 remote Indigenous communities was restricted on 19 March 2020; □ Interstate arrivals were restricted or required 14-day self-isolation from 22 March 2020; prior to arrival, travellers had to declare all travel for the last 14 days and adhere to the highest risk classification: <ul style="list-style-type: none"> ▪ very low-risk jurisdictions – arrivals were required to complete an entry pass and undergo health airport screening; ▪ low-risk jurisdictions – arrivals were required to self-isolate for 14 days on arrival and present for COVID-19 testing as required; ▪ medium-risk jurisdictions – entry into Western Australia was not permitted without an exemption (permitted travellers were required to self-isolate for 14 days, present for COVID-19 testing as required and provide proof of a negative COVID-19 PCR test result on a sample taken in the 72 hours prior to departure); ▪ high- and extreme-risk jurisdictions – entry into Western Australia was not permitted without an exemption (permitted travellers were required to present for frequent COVID-19 PCR testing, provide proof of at least one COVID-19 vaccine dose (where eligible) and undergo 14-day hotel quarantine); □ No physical distancing requirement; and □ All venues could operate at 100% capacity.
Phase 4 (Level 1) ^{4,6}	<p>Emphasis on physical distancing and restricting interregional travel</p> <ul style="list-style-type: none"> □ Physical distancing requirement of 1 person per 2 m² (exemptions apply); □ Gatherings were restricted to: <ul style="list-style-type: none"> ▪ all events permitted, excluding large festivals; ▪ outdoor major recreation facilities (e.g. stadiums) – 50–75% capacity, subject to physical distancing requirements; □ Interstate arrivals were restricted; prior to arrival, travellers must declare all travel for the last 14 days and adhere to the highest risk classification: <ul style="list-style-type: none"> ▪ very low-risk jurisdictions – arrivals were required to complete an entry pass and undergo health airport screening; ▪ low-risk jurisdictions – arrivals were required to self-isolate for 14 days on arrival and present for COVID-19 testing as required; ▪ medium-, high- and extreme-risk jurisdictions – entry into Western Australia was not permitted without an exemption; and □ Interregional travel with 200 remote Indigenous communities closed to non-residents.

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Phase 3 (Level 2) ⁴	<p>Emphasis on physical distancing and interregional travel restrictions</p> <ul style="list-style-type: none"> □ Gatherings were restricted to: <ul style="list-style-type: none"> ▪ indoor – up to 100 people, subject to physical distancing requirements; ▪ religious gatherings/places – at 100% capacity; ▪ outdoor major events (e.g. stadiums) – up to 500 people, subject to physical distancing requirements and an approved COVID-19 event plan; □ All businesses open, subject to physical distancing requirements and maintenance of a contact register; □ Removal of restrictions for gym and dance classes, along with full-contact sport and training; □ The interstate border was closed until 14 November 2020, after which interstate border restrictions applied; prior to arrival, travellers were required to declare all of their travel in the last 14 days before arrival, and adhere to the highest risk classification: <ul style="list-style-type: none"> ▪ very low-risk jurisdictions – arrivals were required to complete an entry pass and undergo health airport screening; ▪ low-risk jurisdictions – arrivals were required to self-isolate for 14 days on arrival and present for COVID-19 testing as required; ▪ medium-, high- and extreme-risk jurisdictions – entry into Western Australia was not permitted without an exemption; and □ Interregional travel with 200 remote Indigenous communities closed to non-residents. 												
Phase 1 & 2 (Level 3)	<p>Emphasis on physical distancing and restricting movement</p> <p>Phase 2, 18 May to 6 June 2020²</p> <ul style="list-style-type: none"> □ Physical distancing requirement of 1 person per 4 m² (exemptions apply); □ Gatherings were restricted to: <ul style="list-style-type: none"> ▪ indoor – up to 20 people; ▪ religious gatherings/places – up to 20 people; ▪ weddings and funerals – up to 20 people indoors and 30 people outdoors; □ Most businesses open, subject to physical distancing requirements and capacity limits; □ Gyms were limited to 20 people, with minimal equipment sharing allowed; □ Non-contact sports and training limited to 20 people; □ Dine-in venues, restaurants, bars and pubs were allowed to reopen, with a 20-person capacity limit; and □ Interregional travel with 200 remote Indigenous communities closed to non-residents (from 29 May 2020). <p>Phase 1, 27 April to 18 May 2020²</p> <ul style="list-style-type: none"> □ Non-work gatherings restricted up to 10 people; □ Schools reopened; □ Gatherings of up to 10 people; and □ The interstate border was closed and interregional travel prohibited, except for essential services. 												
Severe restrictions (Level 4) ⁸⁻¹⁰	<p>Emphasis on restricting movement, people instructed to stay at home</p> <ul style="list-style-type: none"> □ School holidays were extended and/or students were encouraged to study from home; □ Restaurants and cafes were open for takeaway only; □ Elective surgeries were cancelled; □ Gatherings limited to two people, excluding household members; □ Stay-at-home orders were in place, with people encouraged to work remotely from home; □ Entertainment facilities, indoor recreation facilities, hospitality venues and places of worship were closed; and □ The interstate border was closed and interregional travel was prohibited, except for essential services. 												
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Supplementary references

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